



Anita Gritsch

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*Music- & Movement Pedagogy / Rhythmics
(Body-) Percussion & Performances
Language Training & Translations*

MOVE & GROOVE in ENGLISH

language teaching through rhythm, music and movement

Contents

Music, movement and rhythm, together with language/voice and diverse materials form the basis of an integrative and creative approach in language teaching. A range of levels involved in learning processes are addressed, making it possible to memorize content through practical experience and make it last.

This seminar offers a range of outcomes for language teachers: it will support you in recognizing your own creative potential, as well as strengthening your expressive skills and classroom presence; further, it supplies a large body of ideas for your teaching practice and provides impulses for adapting activities to your own needs. Get acquainted with possibilities of including holistic, multi-faceted approaches in teaching, which take group dynamics and learning psychology into account... and have a great laugh!

It has the format of a hands-on, active workshop designed especially for English teachers who are looking for new impulses and input for enlivening their classrooms - A sequence of activities using rhythm, music and movement as well as theatrical and scenic elements playfully approach words, topics, texts and grammatical content. In the accompanying reflection and feedback, participants have the chance of making the most of the course, asking questions and receiving guidance for their particular situation.

Trainer

Mag. Anita Gritsch

Anita studied Rhythmics/Music and Movement Pedagogy (BA; University of Music and Performing Arts Vienna), as well as English (MA) and Sociology (BA) (Universities of Vienna and Edinburgh). Works as a trainer and artist in the areas of rhythmics, (body)percussion, movement and languages, both in her native country Austria, as well as internationally. Anita attended innumerable seminars to develop her skills in her main areas of interest. She has experience with target groups ranging from kindergarten kids to teachers, actors and senior citizens. Performs regularly as a musician and dancer with a number of different ensembles. She is an associate member of the initiatives Ritmica Viena (Buenos Aires) and Musica e Movimento (SP).

Duration

One unit of 3 hours (+break)

Two units of 3 hours each (+break)

Costs on request.

Group, Room & Equipment

min. 8 participants, max. 24 participants

CD Player, large room without chairs. The participants should dress comfortably and wear flat shoes.